



2023 RYSE MEMBER LIT (LIBERATION INQUIRY TOOL)

Young people's experience at RYSE, the relationships between members and with staff, and whether young people feel safe, loved, listened to, powerful and like they belong are the most important measures of whether RYSE is successful in meeting our Theory of Liberation goals. In May 2023, for the first time since we have been back in person in RYSE's new campus, 86 members shared their opinions.



SAFETY & BELONGING

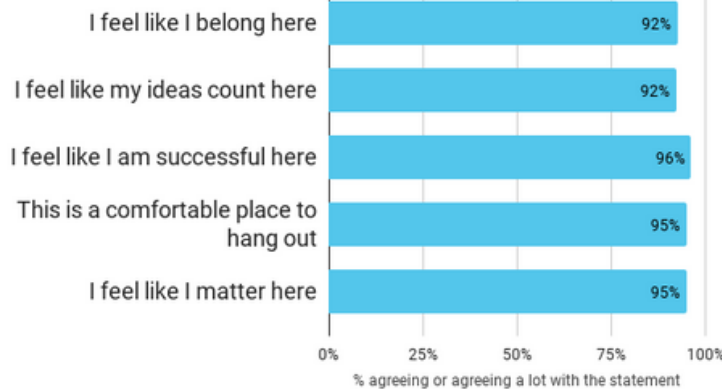
"RYSE allows everyone to do their own thing and be safe."
-RYSE Member 2023

96% of members feel **as safe or safer** at RYSE compared to other places they spend time.

86% feel **safer** at RYSE. 27% feel "a lot safer" and 59% feel "a little safer"

98-99% said **feeling safe** at RYSE and **feeling like they belong** at RYSE influences why they continue to come to RYSE.

SENSE OF BELONGING AT RYSE



SAFETY AT RYSE IS ...

Important

Inclusive



Amazing

a Priority

SAFETY AND BELONGING AT RYSE GO TOGETHER.

- Safety at RYSE is feeling like you belong somewhere.
- Safety at RYSE is being around people who actually care about me and allow me to be myself without judgment.
- Safety at RYSE is being able to safely express myself and my thoughts around others.



LOVE

“RYSE is a special place because it’s a place where young people are accepted as they are and are cared for. Many young people in low income communities don’t have this sort of care and love, so to be able to go somewhere so comforting means a lot.”

- RYSE Member 2023

LOVE AT RYSE IS...

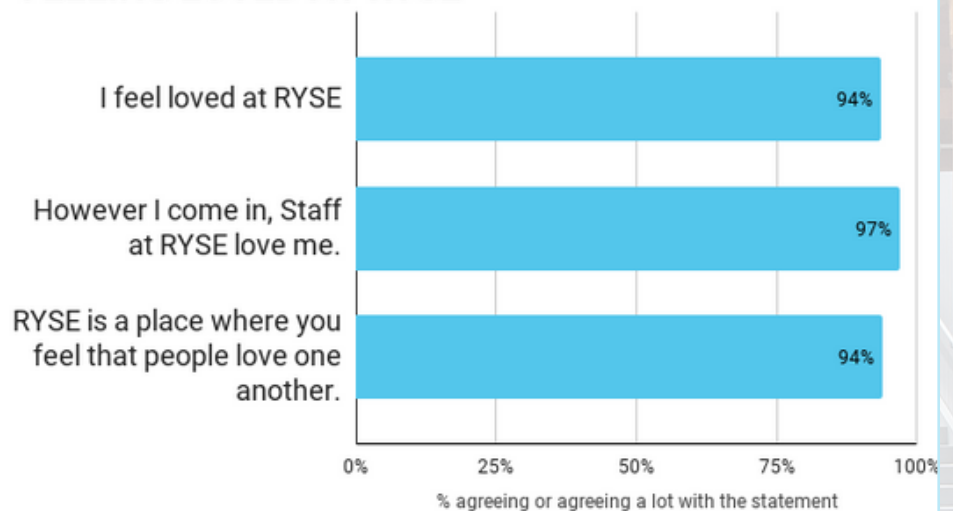
Home



Family

Peace

FEELING LOVED AT RYSE



Love at RYSE looks like, feels like, sounds like...

- laughter and fun also empowerment and community.
- people asking you how you are.
- being 100 with everybody.
- “are you ok do u need anyone to talk to?”
- people going out of their way to communicate.
- sounds like having a joyful time.



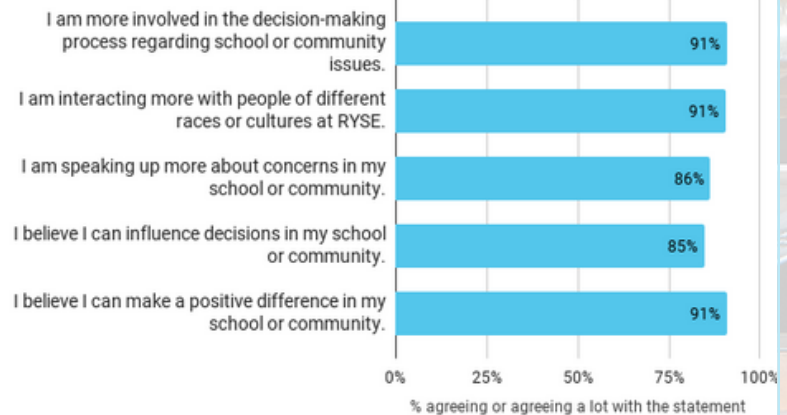
CHANGES IN OURSELVES

“Que me siento más segura de mi misma y me acepto como soy además ahora gracias a Ryse y su personal q me han ayudado he encontrado un medio para desahogarme, desestresarme y expresarme por medio del arte.”

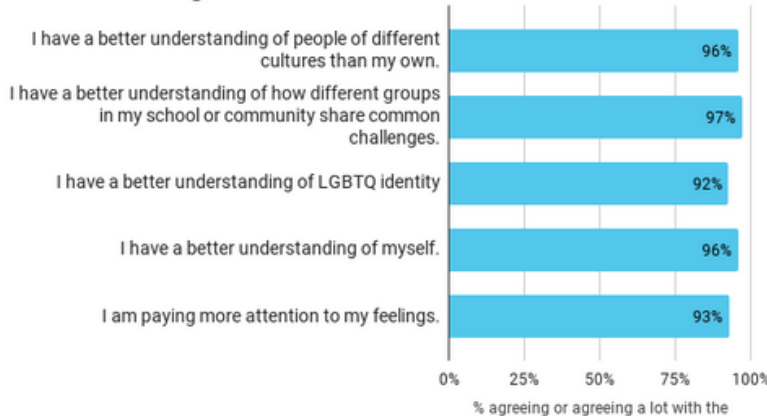
- RYSE Member 2023

That I feel more confident in myself and I accept myself as I am, and now thanks to RYSE and the staff who have helped me, I have found way to vent, de-stress and express myself through art.

Since coming to RYSE...



Since coming to RYSE...



95% said the **opportunity to be more involved in their community** at and through RYSE influences why they continue to come to RYSE.

95% said **getting to know other young people** in their community at RYSE influences why they continue to come to RYSE.

Other changes members are noticing since coming to RYSE.

- My knowledge about things that interest me and my hobbies.
- I'm more social.
- I'm more patient.
- I'm more calm and chill and happier.
- I am more accepting of others and myself, I am more empowered and empathetic, and I am more aware of my mental health.

